

# July 2019



Our final general newsletter of the 2018 - 2019 academic year! What a great year we've had . . .

## Farewell to our fantastic Flying Fish!

As our school leavers sadly finish their last few days with us, we celebrate their exciting transition to 'big' school at our Graduation Evening on Monday 22<sup>nd</sup> July at 6 pm. Always mixed feelings at this event, tears mixed with happiness about their readiness for their next adventure. We wish them all every success in their new schools and hope they pop in from time to time to let us know how it's going.

## Staffing Update

*Very sadly Debbie will be leaving us at the end of this term to refocus on her career in teaching. We*

*would like to say a big thank you for her work over the past 18 months and wish her every success in her return to teaching.*

*Rachel will be in a little less frequently next term but will be remaining on our bank staff team to cover sickness, training etc.*

*We are very pleased to announce that after a day of interviews and observations last week we were able to appoint a new practitioner from the many candidates we had selected. Mel Smyth will be joining our team from September 2019. She is an experienced Level 3 play practitioner who knows the pre-school well having had children of her own here. Jannah Stephens, also a very experienced level 3 practitioner, will also be working with us on a more regular basis from September 2019. We*

# Cornwall County Council **Healthy Under 5's**



The decline in the amount of physical activity children of all ages do nowadays continues to be a topic in the news. Unfortunately, today's lifestyles and gadgets don't lend themselves to children being very active, something which is having a huge effect on their fitness and health levels. Healthy Under 5's is recommending that parents and settings aim for providing children with at least 3 hours of 'being active' every day and trying to reduce time spent still as much as possible.

Why not try to ensure that your child isn't one of the ones who is failing to meet these guidelines and focus on doing some of these active ideas during the summer holidays:

**Cardiovascular** - dancing, cycling, scootering, running, walking, skipping, swimming, soft play.

**Strength** - crawling through tunnels, climbing, jumping or hopping, 'wheelbarrow' races, carrying weighted objects.

**Flexibility and Balance** - Toddler yoga, balancing games and activities, gymnastics.

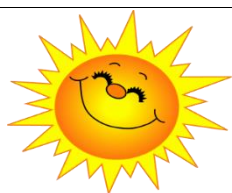
**Motor Skills** - throwing and catching, gardening, bat and ball games, object play, messy play (e.g mud kitchen, sand pit).

We are so fortunate to live in such a great part of the country where we have access to so many outside spaces - let's make sure our children are some of the lucky ones to grow up with active, healthy lifestyles.

welcome both these new staff members to the pre-school team. 😊



**Plant watering duties required!!** Our preschool garden is looking so lovely at the moment and the tomatoes, peas and carrots are growing well all thanks to our regular watering with the help of our little gardeners. However, to keep it looking beautiful and continuing to grow plentifully during the summer we are going to need some help to keep it regularly watered. If you think you might be free to pop in and give them quick water over the course of one week in the hols then please let us know. We will be putting a sheet with dates on, out on the Healthy Under 5's board outside. Any help will be very greatly appreciated!



## The Summertime Sharing Books Challenge!

We shall be running the Summertime Sharing Books Challenge again this year as it proved so successful and popular last year! All of the children who will be returning in September will be taking home a Summertime Sharing Books challenge to complete during the summer holidays. The idea is that they fill the boxes up with the titles of different stories/books they've had read to them over the course of the summer. If they return it to pre-school in September, with all the boxes filled, then they will receive a special certificate and sticker. Sharing stories is one of the best ways you can support your child in so many areas of their development which is why we so strongly encourage it. Children who regularly have books read to them are more likely to do better at school!

### IMPORTANT DATES

**Monday 22<sup>nd</sup> July - 6pm Graduation evening for the Flying Fish.**

**Wednesday 24<sup>th</sup> July - last day of pre-school before the summer hols begin.**

**Thursday 5<sup>th</sup> September - Pre-school reopens.**

**INSED days for next academic year 2019-20 (Pre-school will be closed on these days) - Wed 4<sup>th</sup> September, Monday 2<sup>nd</sup> December, Friday 20<sup>th</sup> December, Friday 20<sup>th</sup> March 2020, Thursday 23<sup>rd</sup> July 2020**



As ever we are incredibly grateful for the support and appreciation, we have from you, our lovely families. We really wouldn't be the pre-school we are without your trust and belief in us and the great partnership we have with you. This is something the Ofsted Inspector witnessed and felt when she visited us, and one of the reasons she felt our pre-school was so lovely, so thank you from all of the staff. We wish you all a wonderful summer with your little ones, and for those of you returning to us in September we look forward to another year of fun, friendships and learning. 😊 xx

